



THE BEACON STUDY

PROTOCOL FOR A COHORT STUDY ASSESSING THE EFFECTIVENESS OF SMARTPHONE-ASSISTED PROBLEM-SOLVING THERAPY (PST) IN MEN WHO PRESENT TO HOSPITAL FOR SELF-HARM

 **Objective** To evaluate the relationship between the use of smartphone-assisted PST and suicidality in men over a 12-month period.

 **Population** Patients who identify as men and present to the emergency department for self-harm.

350 men

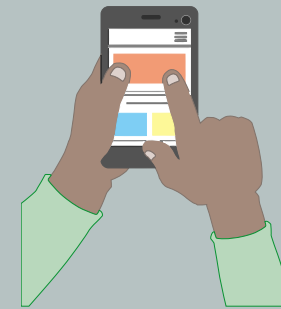
Age: 18-65 years

Multi-Site

 **Treatment**



7 sessions of PST



Access to the BEACON App for 12 months

 **Outcomes**

Mental Health

Suicidality

Depression

Anxiety

PTSD

Substance Abuse

Quality of Life

Health-Related Quality of Life

Social Support

Meaning in Life

Health Service use

Hospital Service Use

Outpatient Service Use

Primary Care Visits

Read the full article online: <https://bit.ly/2Qw0uT2>